



**SENIOR  
PROFESSIONALS**  
*Illinois State University*

*Providing Lifelong Learning and University Engagement*



**HYBRID CLASSES**

**Spring / Summer 2024**

# **Academy of Seniors & Mornings with the Professors**

[seniorprofessionals.illinoisstate.edu](http://seniorprofessionals.illinoisstate.edu)

# ACADEMY OF SENIORS

## 1. ENACTMENTS OF THE HOLOCAUST IN LITERARY NARRATIVE, THEATRE AND FILM

February 19, 21, 26, 28 (Mondays/Wednesdays)  
1:30-3:30 pm

### An Introduction to the Holocaust: Historic and Personal

February 19

Gain an understanding of the historical events leading to the Holocaust with discussions of the personal impact on both presenters. Audience participation will be encouraged.

**Alvin Goldfarb**, Professor and President Emeritus, Western Illinois University

**Roberta Seelinger Trites**, Distinguished Professor of English Emerita, Illinois State University

### Theatrical Performance During the Holocaust

February 21

Learn of theatrical activities that met the dual roles of sustaining the culture and functioning as acts of resistance.

**Alvin Goldfarb**

### *Anne Frank: The Diary of the Young Girl*

February 26

Discover the backgrounds and ultimate fates of Frank family members and other residents of the Secret Annex, as well as identifying the literary qualities of Anne Frank's diary revisions.

**Roberta Seelinger Trites**

### Representing the Holocaust on Stage and Film

February 28

Hear about depictions of the Holocaust in performance media, using the 1959 film *The Diary of Anne Frank* as one example.

**Alvin Goldfarb with comments by  
Roberta Seelinger Trites**

## 2. CHANGES IN JOURNALISM: FROM DISRUPTION TO REINVENTING THE NEWS

March 19, 26, April 2, 9 (Tuesdays)  
1:30-3:30 pm

Over the past decade, more than 2,000 weekly and daily newspapers nationwide have closed. Thousands of others have turned into "ghost papers" – newspapers with few or no reporters. In fact, editorial staff nationwide at newspapers have been reduced by nearly two-thirds and the evidence of the cuts in staff is clear in central Illinois.

Based on the book *Changing Models for Journalism*, this course will recount what has happened to American journalism in the 21st Century but quickly move to how news is being reinvented by independent journalists, how technology and open data are being used for better journalism and how to find newsrooms and journalists you can trust. Learn ways to keep up with constant changes in news.

**Brant Houston**, Professor and John S. and James L. Knight Foundation Chair in Investigative and Enterprise Reporting, College of Media, University of Illinois

### FORMS OF PARTICIPATION:

1. **Attend in-person** at ISU's Alumni Center, 1101 N Main St, Normal
2. **Watch online** via Zoom.

### FEES:

- **\$35 for Senior Professional members**
- **\$45 for non-members**
- **\$15 for single-session** (in-person only, payable at door).

For in person, pricing is **per person**.  
For ZOOM, one registration **per household**.

### Price includes:

- Four 2-hour sessions (one Academy of Seniors class)
- or
- Six 2-hour Mornings with the Professors lectures

**Register online at [seniorprofessionals.ilstu.edu](http://seniorprofessionals.ilstu.edu)  
or call (309) 438-2160.**

Zoom participants will receive a Zoom link a week prior to the class(es) for which they've signed up and again on the day of each class session.

Classes will be held at Illinois State University's  
Alumni Center, 1101 N Main St, Normal

A limited number of scholarships are available.  
To inquire, call (309) 438-2160 and ask for Laura.

### 3. MEMORY, COGNITION AND AGING: WHAT DOES THE EVIDENCE TELL US?

March 25, 28, April 1, 4 (Mondays/Thursdays)  
1:30-3:30 pm

Some lapses in memory are a normal part of aging. Recall of new information may begin to decline as early as the sixth decade of life even though intelligence and problem solving remain as strong as ever into advanced age. However, aging is the single greatest risk factor for developing many of the neurocognitive disorders. What are the best ways to identify a potentially serious problem and then finding the best resources for treating a temporary problem or diagnosing and managing a chronic condition?

Discover the evidence-based 4Ms\* framework being used nationwide to improve the care of older adults, including those issues relating to cognitive well-being.

\*What Matters, Mentation, Mobility, Medication

#### The Importance of Cognition in Conversations About Health

March 25

**Brenda Johnson**, Associate Professor Emerita,  
Mennonite College of Nursing, ISU

#### Preventing, Detecting and Acting Upon Delirium

March 28

**Mary J. Dyck**, Professor and Associate Dean  
for Research, Mennonite College of Nursing,  
ISU

**Brenda Johnson**, Associate Professor Emerita,  
Mennonite College of Nursing, ISU

#### Evidence-Based Strategies of Care for Living with a Chronic Cognitive Disorder

April 1

**Michele Shropshire**, Associate Professor,  
Mennonite College of Nursing, ISU

**Susan Hovey**, Assistant Professor, University  
of Illinois-Chicago (Springfield Campus)

#### Evidence-Based Strategies to Maximize Cognitive Health into Advanced Age

April 4

**Teresa Novy**, Assistant Professor, Mennonite  
College of Nursing, ISU

**Sandra Nielsen**, Undergraduate Program  
Director, Mennonite College of Nursing, ISU

### 4. COLONIAL MEXICO: THE CREATION OF A NEW SOCIETY IN SPANISH NORTH AMERICA

April 11, 18, 25, May 2 (Thursdays)  
1:30-3:30 pm

Spanish officials based in Mexico City ruled for three centuries over territory that stretched from Florida to the Philippines. This class looks at the conquest years, the creation of new cultural and economic patterns in the Americas, the rebellions and religious competitions, and the violent independence wars of the 1800s.

**Janice Jayes**, Instructional Assistant  
Professor of History, ISU

*Your registration gives consent for photos taken at programs to be used for advertising and/or publicity purposes by ISU, its licensees and/or member organizations; you waive all claims for any compensation for such use or for damages.*

## CLASSROOM JOURNEY

### Illinois and Michigan Canal Tour: A Journey Back in Time

Wednesday, May 15 | 7:30 am – 6:00 pm

The opening of the Illinois and Michigan (I&M) Canal had a profound impact on 19th century travel, commerce, westward expansion, industrial development and the growth of Chicago and other cities in Illinois. Learn of this rich history on a canal boat ride and visit to the I&M Visitor Center. Later travel to the Starved Rock locks to see how the locks accommodate barges today. Compare the 19th century canal experience with the modern lock and dam during a visit to the Illinois Waterway Visitors Center. Learn about contemporary Illinois waterway traffic and the modern lock and dam, operated by the US Army Corps of Engineers. Enjoy a stop at the Hegeler Carus Mansion in LaSalle. Discover Julius Hegeler's ties to shipping via the I&M Canal. The home was designed by architect W. W. Boyington, who also designed the Chicago Water Tower. Two rooms have been restored and many of the fine architectural details are visible in their original state.

Tricia Kelly will join us for the day, acting as the wife of a 19th century canal boat captain.

**\$100 for members | \$115 for non-members**

*Cost includes transportation, snacks, lunch, site and tour fees.*

The bus will depart from ISU's Office of Parking and Transportation lot, 709 N. Main St, Normal.

# MORNINGS WITH THE PROFESSORS



**March 29, April 5, 12, 19, 26, May 3 (Fridays)**  
**9:30-11:30 am (NOTE: Program change on March 29)**

## **A PEEK BEHIND THE CURTAIN: DEMYSTIFYING THE FOREIGN SERVICE**

**March 29**

Drawing on her distinguished career, former Ambassador Geeta Pasi will discuss how the State Department is structured and its operations. A three-time Chief of Mission, Pasi most recently served as the U.S. Ambassador to Ethiopia. She earlier served as U.S. Ambassador to Chad and Djibouti as well as Principal Deputy Assistant Secretary in the Bureau of African Affairs, leading a team that developed and advanced U.S. policy in Africa.

**United States Ambassador (retired) Geeta Pasi,**  
*inaugural Donald F. McHenry Visiting Professor in  
Diplomacy and International Affairs at ISU*

## **ISU DIGS: THE NORTHWEST BOLSENA ARCHAEOLOGICAL PROJECT**

**April 5**

Learn about the Northwest Bolsena Archaeological Project, an ISU-based interdisciplinary research project and field school focused on the Roman site of Valle Gianni, Italy, and its surrounding landscape. The site is characterized by two primary features: the partially exposed remains of a Roman imperial period monumental fountain, possibly a nymphaeum, and an agricultural zone containing recessed vats, suggesting wine production, predating the fountain. Gain insight into two years of excavation, exciting discoveries that have been made and future plans.

**Lea Cline,** *Professor of Art History, Affiliate Faculty of Women's and Gender Studies, Assistant Director of the European Studies Program and a Provost Fellow*

**Kathryn Jasper,** *Associate Professor of History and Director of European Studies, ISU*

## **EXPLORING THE HIDDEN TREASURES OF CENTRAL ILLINOIS**

**April 12**

There is no need to travel to another time zone or even another state to enjoy natural wonders. Some are in our own backyards. Learn about places to explore nature within about an hour of Bloomington-Normal, how to discover these hidden treasures, what's being done to preserve them and how we can help.

**Lenore Sobota,** *retired reporter for The Pantagraph who wrote the column "Explore with Lenore" for several years*

## **CAN YOU HEAR ME? BEETHOVEN'S LIFE IN NINE SYMPHONIES**

**April 19**

Be guided on a walk-through of Beethoven's nine symphonies by Jacobsen Woollen, using each as a chapter in the life story of this most mythical of composers. Discover the loss of hearing, the hapless love life, the fraught relations with aristocrats, the evolving musical language and much more. And enjoy some sublime music along the way!

**Jacobsen Woollen,** *Assistant Conductor, Illinois Symphony Orchestra; Music Director, Illinois Symphony Youth Orchestra; Music Director, Springfield Choral Society; Music Director, University of Illinois-Springfield Orchestra*

## **THE BIG QUESTIONS: INVESTIGATING THE MYSTERIES OF SCIENCE**

**April 26**

Has the universe existed forever? Will it exist forever? And if I go really far that way, will I ever hit the edge of the universe? Or does space just keep going? Or maybe eventually I will get back to where I started, even without turning around. Believe it or not, many of the big questions have been successfully answered thanks to a combination of powerful telescopes, clever theoretical physicists and dumb luck. This lecture will cover the historical development of scientific cosmology, the current state of the field and its open questions.

**Matt Caplan,** *Assistant Professor of Physics, ISU*

## **UNDERSTANDING AMERICAN POPULAR CULTURE**

**May 3**

Popular culture is often derided as entertainment meant to accommodate an escape from the real world, but it represents one of the most influential sites through which sociopolitical values, ideas and ideological discourses are sustained, interrogated or dismantled. Popular culture not only influences and reflects the values of those who consume it but is also a political arena wherein ideas are advanced or contested. In addition to serving as a form of entertainment or escape, it also performs a variety of other functions.

**Byron Craig,** *Assistant Professor, School of Communication, ISU*

**Steve Rahko,** *Assistant Professor, School of Communication, ISU*

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*Classes will be held at Illinois State University's  
Alumni Center, 1101 N Main St, Normal*

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*A limited number of scholarships are available.  
To inquire, call (309) 438-2160 and ask for Laura.*

# REGISTRATION #1

Please register no later than one week prior to the start of class to receive confirmation materials.

Name \_\_\_\_\_ Nickname \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ Work/Other Phone (\_\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

*Senior Professionals does not sell or share its e-mail list with anyone outside the university.*

**Members of Senior Professionals pay a reduced rate to attend classes.** To become a member of Senior Professionals and receive the discounted pricing, download a membership form from [SeniorProfessionals.ilstu.edu/Membership](http://SeniorProfessionals.ilstu.edu/Membership). Membership forms and payment MUST be processed separately from class registrations.

**WALK-INS:** Payment for \$15.00 single-sessions (cash or check) will be collected at the door. No pre-registration will be accepted for walk-ins.

## CLASSES

To attend in-person classes, the cost is per person. To attend virtual classes, only one registration per household is required.

	Member (In-Person) \$35	Non-Member (In-Person) \$45	Member (Virtual) \$35	Non-Member (Virtual) \$45
<input type="checkbox"/> <b>1. ENACTMENTS OF THE HOLOCAUST IN LITERARY NARRATIVE, THEATRE AND FILM</b> (all four sessions)	_____	_____	_____	_____
<input type="checkbox"/> <b>2. CHANGES IN JOURNALISM: FROM DISRUPTION TO REINVENTING THE NEWS</b> (all four sessions)	_____	_____	_____	_____
<input type="checkbox"/> <b>3. MEMORY, COGNITION AND AGING: WHAT DOES THE EVIDENCE TELL US?</b> (all four sessions)	_____	_____	_____	_____
<input type="checkbox"/> <b>4. COLONIAL MEXICO: THE CREATION OF A NEW SOCIETY IN SPANISH NORTH AMERICA</b> (all four sessions)	_____	_____	_____	_____
<input type="checkbox"/> <b>5. MORNINGS WITH THE PROFESSORS</b> (all six sessions)	_____	_____	_____	_____
<input type="checkbox"/> <b>6. CLASSROOM JOURNEY BUS TRIP</b>	Member \$100: _____	Non-Member \$115: _____		
<b>Total:</b> _____				

**PAYMENT METHOD** To pay online, go to [SeniorProfessionals.IllinoisState.edu](http://SeniorProfessionals.IllinoisState.edu).

Check enclosed, payable to **Illinois State University**  VISA  MasterCard  Discover  AmEx

Card # \_\_\_\_\_ Signature \_\_\_\_\_

Expiration Date \_\_\_\_\_ CVV# \_\_\_\_\_

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# REGISTRATION #2

Please register no later than one week prior to the start of class to receive confirmation materials.

Name \_\_\_\_\_ Nickname \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

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## CLASS REGISTRATION

**ONLINE:** [SeniorProfessionals.IllinoisState.edu](http://SeniorProfessionals.IllinoisState.edu)

**BY MAIL:** Senior Professionals, Illinois State University, Campus Box 8610, Normal, IL 61790-8610

**BY PHONE:** (800) 877-1478 or (309) 438-2160, Mon. - Fri., 8:00 am - 4:30 pm,

**ON-SITE:** Conference Services, Illinois State University Alumni Center,  
1101 N Main St, Normal, IL, Mon. - Fri., 8:00 am - 4:30 pm

**REFUNDS:** To receive a full refund for MWP or Academy classes, your registration must be cancelled no later than one week prior to the start date of each class; a \$10 processing fee will be charged after that date. To receive a full refund for the Classroom Journey bus trip, cancellations must be received no later than one week prior to the trip unless there is a wait list and another individual can fill the seat.

### JOIN SENIOR PROFESSIONALS AND PAY A REDUCED RATE TO ATTEND CLASSES

Senior Professionals is an organization open to persons of retirement age. No prior affiliation with ISU required. Members select their level of involvement, with opportunities to get involved in a variety of ways, including socializing at special events, attending classes, mentoring students, conducting mock interviews, reviewing resumes and planning programs.

The cost to join is an annual tax-deductible donation of \$125.00 made payable to ISU Foundation. Monies go to support program offerings, expenses and student scholarships. Members are eligible to receive a Redbird Card, which allows use of Milner Library, Tech Zone computer services, a technology help line and more.

To sign up, download a form at [www.SeniorProfessionals.ilstu.edu/Membership](http://www.SeniorProfessionals.ilstu.edu/Membership) or request one at [lakowa2@ilstu.edu](mailto:lakowa2@ilstu.edu) or (309) 438-2160. Membership forms MUST be processed separately from class registrations.



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If you need a special accommodation to fully participate in this program/event, please contact Conference Services at (309) 438-2160. Please allow sufficient time to arrange the accommodation.  
An equal opportunity/affirmative action university encouraging diversity.